

“Walking with wounded children”

– providing primary psychosocial support for children who are emotionally wounded

Course Date: 24 April – 6 May 2022 at De Doorns Western Cape

Course Description

The purpose of the course is to provide skills, knowledge and values for faith actors* to support emotionally wounded children on a primary level. The course introduces the participants to:

- understanding trauma and its effects and assessing emotionally wounded children
- principles of healing relationships and active listening
- skills and tools to assist in the support of emotionally wounded children
- a theological framework for faith-based psychosocial support of emotionally wounded children

OUTCOMES

At the end of the training, the participants can:

Attitudes component:

- report of growth and healing in their own personal/spiritual lives;
- demonstrate healthy values and attitudes in relationships with self, God, other adults and children;
- formulate personal commitments to key values, principles and skills to support emotionally wounded children.

Knowledge component:

- describe Biblical principles for emotional, social and spiritual healing, particularly in terms of the concept's peace and respect;
- describe key elements and purposes of child counselling;
- explain the effects of traumatic experiences on children, with reference to Post-Traumatic Stress Disorder (PTSD), Attachment Disorders and physical, behavioural and emotional indications of abuse, amongst others;
- differentiate emotionally wounded children from other children;
- explain the basic principles of a therapeutic or supportive relationship;
- differentiate between helpful and unhelpful counselling responses;
- explain the basic principles of the so-called “STOP sign model” to support severely traumatised children,
- explain stages of sexual development and how to educate children in each stage;
- explain effects and indicators of sexual abuse and steps to support a sexually abused child.
- explain the principles of critical incident stress debriefing (CISD) to help a group of children in a crisis;
- explain the fundamental elements of a “healing community” (therapeutic intergenerational small group)

Skills component:

- apply practical ways to assess emotionally wounded children on a primary level;
- build a healthy therapeutic or supportive relationship with a child or children, applying the relevant principles;
- apply the basic skills of active listening and emphatic responses;
- help develop a child's understanding of emotions and the meaning thereof;
- apply the principle of active listening to the non-verbal communication of children through play or drawing;
- apply basic tools to support emotionally wounded children, including use of toys, sand-play, drawings, clay-work, games, lifeline and storytelling;
- apply key principles to establish and lead a “healing community” session.

Method

The course is built on trust, respect, transparency, and participation and is aimed at equipping participants with values, skills and knowledge. Methods include: Lecture-discussion, individual and group study, demonstrations, role-play and learning by doing. Participants have the opportunity to work with children in a controlled setting, and are assessed on these sessions, on simulated sessions and on assignments.

Accreditation:

Accepted as credit bearing through recognition of prior learning (RPL) with the South African Theological Seminary.

Application requirements

- Adult Basic Education and Training (ABET) Level 1 or higher.
- No previous education in psychology/psychosocial support is required.
- Foundational training in aspects relating to children and families is recommended, but not required.
- Currently involved with children in some form of care, support, development or formal/informal education.
- Fluent in the language of tuition/language of interpretation. (English)
- Affiliated with a recognised faith community.
- Signed declaration concerning offences against children (where applicable provide a Sexual Offenders Register Clearance).

Where: De Doorns, Western Cape (±130 kilometres from Cape Town).

Date: 24th April till 6th May 2022

Weather: Expect cool to cold weather – please bring warm clothes as well.

Accommodation: Dormitory rooms which you will share with one or two students. Bathrooms are equipped with showers.

Laundry services: Provided by staff, are available if you choose.

Medical facilities: Available in town.

Health issues/allergies: Please inform Christa Booysen, Course co-ordinator. This only applies to medical or severe allergies. Supermarkets are available to purchase own supplies.

Enclosed parking

Registration & Fees:

- The course fee: R8 500. This includes **training, training material, accommodation, all meals and training-related transport.**
- Deposit:** 10% (R850) payable with application. The outstanding amount is payable at the start of the course.
- Completed application** forms, accompanied by the **deposit** and **copy of ID or Passport**, should reach us **three weeks** (Friday, 8th April 2022) prior to the start of the course starts to ensure your place. You are welcome to start early on your payments.
- Limited number of 25 participants.** Early entries will receive priority.
- Traveling costs:** From airport, bus or train stations in Cape Town or train stations in Worcester are excluded from course fee. Prior arrangements should be made if transport is needed. A fee of R5,00/km will be charged.

Looking forward to meeting you and having you in the course. .

Kind regards

Christa Booysen

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Email: cbooysen@petra.co.za

Registration Form: 'Walking with Wounded Children'

24th April – 6 May 2022 De Doorns, Western Cape

Surname:		Title: Choose X Prof / Dr / Rev / Mr / Mrs /Miss
First Names (Write in full and add a copy of your RSA ID or Passport)		
First name usually used		ID or Passport no:
Date of Birth:	Year:	Month: Day:
Language:	Home:	Other:
Postal Address	P.O. Box:	
	Town/City:	Postal Code:
	Country:	
Physical Address	Street Address:	
	Town/City:	Postal Code:
	Country:	
Phone numbers:	Home:	Work:
	Fax:	Cell No:
E-Mail:		
Profession/ Occupation:		
Former training:		
Training in children's ministry (give details):		
Present involvement with children (give details):		
Former training in counsel- ling/ psychology (give details):		
How will you use what you learn in this course, in the next few years?		

Means of Payment	Cash		Electronic/Bank transferral Petra College, ABSA Bank, White River, Branch code: 33 44 52 45, Cheque account no: 1370 140 525	Please email a copy of proof of payment to cbooyesen@petra.co.za for registration purposes and communicate all payments with our fi- nance department
	Cheque			
Signature:				Date: